



Institute for Musculoskeletal Health







Optimising musculoskeletal health and physical activity

2023 ANNUAL REPORT

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A WORD FROM THE DIRECTOR

The Institute for Musculoskeletal Health continues to makes significant advances in musculoskeletal health and physical activity research.

We are grateful for the ongoing support of our partners, and are excited to collaborate on new initiatives and projects in the year ahead.

Together, we can continue to make a meaningful impact towards advancing healthcare to optimise musculoskeletal health and physical activity for all.

CHRIS MAHER

DIRECTOR, INSTITUTE FOR MUSCULOSKELETAL HEALTH

EXECUTIVE SUMMARY

Institute for Musculoskeletal Health

The Institute for Musculoskeletal Health is a world-class innovative research collaboration between Sydney Local Health District and the University of Sydney. The Institute brings together musculoskeletal healthcare researchers and frontline clinicians to conduct high-quality, patient-centred research across complex Australian and international healthcare systems. By bringing together frontline clinicians, policymakers, researchers and consumers, the Institute positively impacts practice, health systems and healthcare policy.

Last year, the Institute maintained strong workplace connections and fostered a culture of collaboration and support. Researchers from the Institute actively contributed to 16 Sydney Local Health District and 21 University of Sydney committees. The Institute's close partnership with the Royal Prince Alfred, Concord, Canterbury and Balmain Hospitals have enabled the continuation of several new and innovative clinical trials which provide new effective models of care for musculoskeletal health conditions within the Australian public healthcare system.



KEY ACHIEVEMENTS

In 2023, the Institute for Musculoskeletal Health team:

Authored **two book chapters** and **180 publications** in peer reviewed journals, including *The Lancet*, *British Medical Journal* and *CA: A Cancer Journal for Clinicians*.

Received **42 prestigious awards** for research excellence and recognition, including the NSW Premier's Prize, RPA Foundation Medal and Prize and the University of Sydney Vice Chancellors award for Research Excellence.

Received **20 grants from the NHMRC and MRFF** to fund new clinical research.

Provided **103 presentations** at national and international conferences. **A third of the presentations were by invitation**, demonstrating the esteem of the researchers at the Institute.

Last year our research and researchers were featured in over 780 news stories nationally and internationally across different mediums including television, radio and print.









20

In 2023, researchers from the Institute were awarded 20 new MRFF and NHMRC grants to fund new clinical research.

3,794

Participants were recruited to research trials run by the IMH team last year.

180

The IMH team authored 180 publications in peer-reviewed journals and were authors of two book chapters.

780+

The Institute's publications and research programs were mentioned 787 times in the media.

THE IMH TEAM

EXECUTIVE TEAM



PROF CHRIS
MAHER AM
DIRECTOR



PROF CATHIE SHERRINGTON

DEPUTY

DIRECTOR



DR BETHAN RICHARDS
DEPUTY
DIRECTOR



PROF PETER
YOUSSEF
DIRECTOR OF
COMMERCIAL
CLINICAL TRIALS

PROFESSORS

- · Anne Tiedemann, Robinson Fellow
- Cathie Sherrington, NHMRC Investigator Fellow
- Chris Maher, NHMRC Investigator Fellow
- Christine Lin, NHMRC Investigator Fellow
- Ian Harris, Orthopaedic Surgeon
- Peter Youssef, Rheumatology Staff Specialist

ASSOCIATE PROFESSORS

- Christina Abdel Shaheed, NHMRC Investigator Fellow
- Leanne Hassett

POST-DOCTORAL RESEARCHERS

- Abby Haynes
- · Adrian Traeger, Robinson Fellow
- · Caitlin Jones
- Crystian Bittencourt
- Danielle Coombs

POST-DOCTORAL RESEARCHERS CONT.

- Giovanni Ferreira, NHMRC Investigator Fellow
- Gustavo Machado, NHMRC Investigator Fellow
- Heidi Gilchrist
- Jennifer Baldwin
- Joshua Zadro, NHMRC Investigator Fellow
- Juliana Souza de Oliveira
- Marina Pinheiro, NHMRC Investigator Fellow
- Stephen Gilbert
- Sujita Narayan
- Sweekriti Sharma
- Tarcisio Folly de Campos

COMMERCIAL CLINICAL TRIALS

- Genevieve Fong, Clinical Trials Study Coordinator
- Cor Garde-Fillarca, Commercial Clinical Trials Research Nurse
- Dorothy Fowler, Rheumatology Clinical Nurse Consultant
- Rachael Thistlewaite, Rheumatology Clinical Nurse Consultant
- · Phillip Carey, Administration Officer
- Bhumika Thakkar, Operations Manager

PROFESSIONAL STAFF

- Alexandra Edmondson, Network Manager
- Dr Alexandra Griffin, Research Assistant
- Betty Ramsay, Research Physiotherapist
- Bruna de Souza Albuquerque, Research Assistant
- Catherine Kirkham, Research Physiotherapist
- · Claire Coulter, Kitchen Attendant
- Courtney West, Research Assistant
- Daniel Cheung, Research Assistant
- Eleni Grace-Black, Administration Officer
- Geraldine Wallbank, PEDro Research Coordinator
- · Giane Caon Camara, Research Assistant
- Hanan McLachlan, Institute Operational Manager
- Kate Purcell, Research Coordinator
- Lauren Cameron, Research Assistant
- · Lauren Glozier, Research Assistant
- Lisa Vizza, Clinical Project Manager
- · Melissa Webb, Research Coordinator
- Roslyn Savage, Research Physiotherapist

PROFESSIONAL STAFF

- Sakina Chagpar, Research Physiotherapist
- Sandra O'Rourke, Senior Research Officer
- Shannon Colley, Research Assistant
- Dr Veethika Nayak, Falls Research Manager
- · Vishwesh Bapat, Research Assistant

COLLABORATIVE CLINICIAN RESEARCHERS

- Dr Christopher Needs, Senior Staff Specialist Rheumatology
- Dr Eileen Rogan, Senior Staff Specialist, Director of Medical Services
- Dr James Edwards, Senior Staff Specialist, Director of RPA Hospital Emergency Department
- Dr Matthew Parker, Staff Specialist Rheumatology
- Dr Miranda Shaw, General Manager, RPA Virtual Hospital
- Dr Owen Hutchings, Clinical Director, RPA Virtual Hospital
- · Sandeep Gupta, Head of Physiotherapy, Canterbury Hospital
- Ruth Perrott, Director of Physiotherapy, Sydney Local Health District
- · Wendy Tilden, Falls Prevention and Management Coordinator, Clinical Governance Nursing
- Professor Vasi Naganathan, Specialist Geriatrician
- Dr Abhishikta Dey, Staff Specialist Rheumatology
- Dr Michael Spies, Network Director of Physician Training
- Dr Ana Ananda, Head of Department, Senior Staff Specialist Rheumatology
- Dr Mona Marabani, Staff Specialist Rheumatology
- Dr Neil McGill, Staff Specialist Rheumatology
- Dr Jan Vaile, Staff Specialist Rheumatology
- Dr Angela Fu, Staff Specialist Rheumatology
- · Kath Walkley, Director Clinical Governance, Mental Health
- Professor Andrew Baille, Professor of Allied Health
- · Professor Jennifer Alison, Professor of Allied Health

PHD COMPLETIONS



DR CHRISTOPHER HAN PHYSIOTHERAPIST



DR CHANG LIUORTHOPAEDIC SURGEON



DR AILI LANGFORD
PHARMACIST

HIGHER DEGREE RESEARCH STUDENTS

- Alla Melman, Physiotherapist
- Amanda Bates, Public Health
- Andrew Gamble, Physiotherapist
- · Ashleigh Chandra, Optometrist
- Bayden McKenzie, Chiropractor
- Belinda Ying Wang, Exercise Physiology
- · Catherine Cho, Rheumatologist
- · Charlotte McLennan, Physiotherapist
- Chathurani Sigera, Physiotherapist
- Gemma Altinger, Public Health
- Geraldine Wallbank, Physiotherapist
- Ima Strkljevic, Physiotherapist
- · Jeffery Wang, Doctor
- Jennifer Roncone, Physiotherapist
- · Kerry West, Physiotherapist
- Laura Montgomery, Chiropractor
- Lisa Vizza, Exercise Physiologist
- Louise Pearce, Physiotherapist
- Melanie Hamilton, Public Health
- Min Jiat Teng, Physiotherapist
- Natasha Pocovi, Physiotherapist
- Nisha Aravind, Physiotherapist
- Nusrat Hamdani, Physiotherapist
- · Priti Kharel, Public Health
- Qiuzhe Chen, Physiotherapist and Doctor
- Raewyn Campbell, Surgeon
- Reem Rendell, Physiotherapist
- Rik Dawson, Physiotherapist
- Riyass Mohamed, Physiotherapist
- · Sarah Manewell, Podiatrist
- Sascha Karunaratne, Surgeon
- · Simon Vella, Chiropractor
- Siobhan Wong, Physiotherapist
- · Siya Zhao, Physiotherapist
- · Vanessa Nguy, Exercise Physiologist,
- Venisa (Wing) Kwok, Physiotherapist
- Xavier Xu, Physiotherapist
- · Zhiwei Yang, Physiotherapist
- · Zixin Zhang, Physiotherapist







2023 ANNUAL REPORT - IMH TEAM











OUR RESEARCH



The Institute for Musculoskeletal Health conducts multidisciplinary research and clinical trials within local healthcare systems and the community. Our research streams focus on Back Pain Musculoskeletal and Conditions. Physical Activity, Ageing and Disability, Evidence Dissemination and Clinical Commercial Trials. These streams bring together experts from different fields and disciplines.

Key areas of research include improving care, educating the public, testing new treatments, promoting healthy ageing, preventing falls, supporting individuals with disabilities, and enhancing evidence dissemination through initiatives like the PEDro Partnership.

In 2023, the IMH team ran 23 clinical trials. submitted 24 ethics applications, and recruited 3,794 for active participants research projects. Our Commercial Clinical Trials stream commenced in the latter half of 2023 and is exploring innovative methods for diagnosing, and treating managing, musculoskeletal diseases.

Through our partnership with Sydney Local Health District and the University of Sydney, we ensure our research is scientifically rigorous and directly applicable to clinical practice. This collaborative approach aims to enhance patient outcomes and make significant advances in healthcare.

RESEARCH IMPACT



The Institute's Musculoskeletal Research Team published groundbreaking research on opioid use in *The Lancet*. Current clinical guidelines recommend opioids for acute low back pain only when other treatments are inappropriate or have failed. The OPAL Trial's findings challenge this practice.

The OPAL Trial, the world's first and largest randomised controlled trial evaluating opioids for acute back and neck pain, found that oxycodone - a commonly used opioid, was no more effective than a placebo. Specifically, oxycodone, a commonly used opioid, showed no more efficacy than a placebo for acute, non-specific

low back and neck pain of moderate to severe intensity and may lead to worse long-term outcomes.

The trial earned multiple awards last year, including the Vice Chancellor's Award for Research Excellence. FMH's Outstanding Research Award, and Sydney Research's Research Excellence Award for Best Publication. It was also listed on watch lists for several prestigious journals, including the New England Journal of Medicine, Nature Medicine, and Annals of Medicine and Surgery. Following this publication, the trial's first author. Dr. Caitlin Jones, was a finalist for the Griffith Discovery Award.

RESEARCH IMPACT



Members of the Institute for Musculoskeletal Health's Fall Prevention Research team, including Prof Anne Tiedemann, Prof Cathie Sherrington, and Dr Marina Pinheiro, contributed significantly the Clinical Excellence Commission's Fall Prevention in NSW White **Paper**. Addressing the high cost and trauma of falls, the paper highlights local solutions in NSW and offers nine crucial recommendations for policymakers. Falls are the leading cause of hospital presentations and the most costly injury for those over 65, resulting in around 27,000 hospitalisations and over 400 deaths annually in NSW, with a \$1 billion cost to the healthcare system each year.

With one in three seniors experiencing falls annually, and even

higher rates in aged care facilities and hospitals — the White Paper has the potential to change practice and influence policymakers to prioritise this critical public health issue.

In addition, last year, a team led by Prof Cathie Sherrington received a \$1 million NHMRC partnership grant for the project: Quality Coaching to Implement a Hospital Fall Prevention Strategy. This project will assess whether a quality coaching approach enhances the implementation and effectiveness of falls prevention initiatives in hospital wards. It aims to expand upon existing evidence successful suggesting that interventions for preventing falls in hospitals revolve around educating and empowering both patients and ward staff.

RESEARCH PROJECTS



The **ComeBACK trial** investigates the impact of health coaching versus motivational text messages on the physical activity levels of adults with self-reported walking difficulties. This trial started recruitment prior to the Covid-19 pandemic.

The team's ability to adapt their trial recruitment and health coaching support during the pandemic and dedication to research dissemination. them the Makers earned Shapers award for Research Support Excellence from the Faculty of Medicine and Health. Results from this trial are still being analysed, however participant feedback has been overwhelmingly positive, with many participants

sending in cards expressing how the trial has positively impacted their lives and helped them achieve their goals.

I would not have thought of doing any of this without your guidance, skill and encouragement. My life has changed in a wonderful way which I could not have imagined.

These testimonials serve as a reminder of the significance of these interventions in creating positive change and improving people's quality of life. The trial is expecting to finish data cleaning and analysis in 2024, with results being published early 2025.

RESEARCH PROJECTS



Low back pain was the fifth most common reason for an emergency department visit in Australia in 2020–21, with over 145,000 presentations. To address this, the Back@Home project, a virtual hospital model of care, was launched in February 2023 to reduce hospitalisation and ED representation.

Dr Gustavo Machado developed this service, inspired by RPA Virtual's establishment in early 2020. **The Back@Home trial** tests the feasibility, safety, acceptability, and sustainability of this model for back pain patients.

The Back@Home virtual hospital care program offers patients access to daily virtual physician consults, a 24/7

nurse-run call centre, virtual physiotherapy, PhysiTrack (an online exercise platform), activity trackers, and disposable heat packs delivered to patients' homes.

To facilitate implementation the trial provided 13 training sessions to 238 clinicians across three hospital sites, performed audits, feedback, and gave lanyards to clinicians with the inclusion criteria for the program.

Data collection is ongoing, with 12-month outcomes to be analysed early 2025. Preliminary evaluations indicate that Back@Home is a feasible solution for reducing hospitalisation for non-serious back pain.

COMMERCIAL CLINICAL TRIALS



In 2023. the Institute for Musculoskeletal Health took а significant step forward by expanding its primary research streams to include Commercial Clinical Trials. With a focus on advancing medicine by opening up access to the latest treatment options through clinical trials, rheumatology patients are able to benefit from access to new and therapies. Linking with emerging existing large-scale trials, this initiative aims to improve the availability of new treatments, thereby broadening patient options, enhancing care patient satisfaction and empowering patients to take a more active role in their care. To lead this important new research the Institute appointed stream. Professor Peter Youssef as the Director of Commercial Clinical Trials.

a short amount of time the ln Commercial Clinical Trials stream has made notable progress. Partnering with the **RPAH** rheumatology department they have successfully pre-screened eleven candidates for two pivotal international studies. One study is looking at the efficacy and safety of Litifilimab for treating Systemic Lupus Erythematosus (SLE) and the other on early and sustained pain control in patients with Axial Spondyloarthritis.

The Commercial Clinical Trials team aims to make a significant impact on the field of rheumatology and musculoskeletal healthcare, driving forward the development of new therapies and improving outcomes for patients around the world.

COMMERCIAL CLINICAL TRIALS

11

Patients prescreened

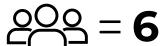
2

Trials commenced

TOPAZ-1

A STUDY TO LEARN ABOUT THE SAFETY OF LITIFILIMAB INJECTIONS AND WHETHER THEY CAN IMPROVE SYMPTOMS OF SYSTEMIC LUPUS ERYTHEMATOSUS

SPONSOR: Biogen



Study design: Multicenter, randomised, double-blind, placebocontrolled Phase 3 study recruiting 540 participants.

Background: Litifilimab is a monoclonal antibody designed to bind to and downregulate interferons—key culprits in Systemic Lupus Erythematosus (SLE).

Purpose: Evaluating the efficacy and safety of Litifilimab and determine wether this can effectively reduce SLE symptoms.

UPSTAND

A STUDY OF THE CHANGE IN EARLY AND SUSTAINED PAIN CONTROL IN AXIAL SPONDYLARTHRITIS IN ADULT PARTICIPANTS RECEIVING UPADACITINIB

sponsor: abbyie

Study design: Prospective observational, cohort study recruiting 650 adult participants from 19 countries across Europe, North America, South America, and Asia-Pacific.

Background: Upadacitinib is a JAK inhibitor disease-modifying anti-rheumatic drug that reduces the activity of enzymes, which are known to cause inflammation and joint damage.

Purpose: To achieve early pain control in patients with Axial Spondyloarthritis who have been prescribed upadacitinib.

THE COMMERCIAL CLINICAL TRIALS TEAM



Peter Youssef



Genevieve Fong



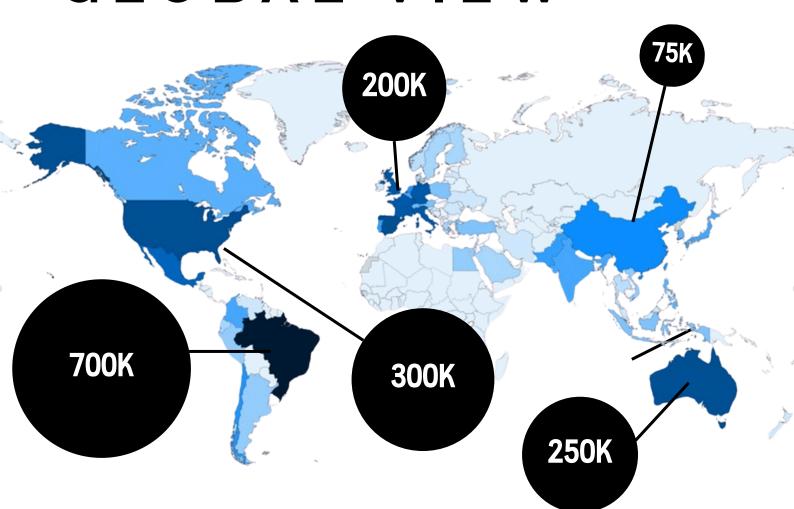
Cor Garde-Fillarca

Professor Peter Youssef is a senior staff specialist at RPA and Professor of Rheumatology at the University of Sydney. He brings extensive clinical and experience an impressive track record to the role. His passion for precision medicine and improving musculoskeletal disease care, positions him aa a leader in this field. Peter has served as the rheumatology sub-editor of Medicine the Internal Journal from 2007 and is a member of the scientific advisory board of OPAL, a rheumatology leading research consortium.

Ms Genevieve Fong is a long-standing Clinical Trials Study Coordinator. She has extensive experience integrating clinical trials within local districts health and considerable knowledge of various systems and regulatory frameworks. Genevieve enables the team to meet the diverse needs and requirements of different study protocols. Including adhering international regulations, and quality safety standards. local site processes. governance ethics, policies, and procedures.

Garde-Fillarca Ms Cor the Commercial ioined Clinical Trials team in late 2023. She is the Institute's first Commercial Clinical Trials Research Nurse. This created position newly helped to strengthen the team by enhancing the teams capability to recruit deliver patients and interventional treatments. This allows the team to participate in more clinical trials. Cor brings a wealth of experience to this role, she has a background in clinical nursing and previous experience working in clinical research trials.

PEDRO: A GLOBAL VIEW





PEDro's mission is to improve healthcare by providing tools to integrate evidence-based practice in clinical care.

The Physiotherapy Evidence Database (commonly referred to as 'PEDro') provides clinicians from around the globe with rapid access to high-quality clinical research. The PEDro database is a free database which reviews and rates the methodological quality of over 61,000 trials, reviews and guidelines related to physiotherapy practice and is managed by the Institute for Musculoskeletal Health. The heat map above demonstrates the number of searches in 2023 from each country around the world.

AWARDS



Professor Cathie Sherrington

NSW Premiers Prize for Science and Engineering

Deputy Director, Professor Cathie Sherrington was the recipient of the Excellence in Medical Biological Sciences for her pioneering work in fall prevention and enhancement of physical activity in older people.

Dr Bethan RichardsFinalist, NSW Health Staff Member of the Year

Dr Bethan Richards, Deputy Director of the Institute, Australia's first Chief Medical Wellness Officer, Director of MDOK and Senior Staff Specialist was one of three finalists for this prestigious award. Bethan's commitment to excellence and leadership, have not only earned her this deserving acknowledgment but highlights her exceptional talent and dedication to advancing the health, wellbeing and care of staff, students and patients across New South Wales.





Professor Chris Maher 2023 RPA Foundation Research Medal

Professor Chris Maher won the 2023 RPA Foundation Research Medal and prize in recognition of his contributions to RPA hospital. This is the first time the Medal has been awarded to an allied health professional across the Health District. Chris has said the prize money will go towards his research with RPA Virtual, which aims to identify factors that influence the effectiveness of Telehealth.

AWARDS

Professor Christine Lin

Research Supervisor Award

Professor Christine Lin was the recipient of Sydney Research's Research Supervisor Award. Additionally, as the lead Chief Investigator on the OPAL trial, she was also awarded the Research Excellence Award for the Best Publication of 2023.



Dr Gustavo Machado

Highly Commended, Health Services Research Award

Dr Gustavo Machado was Highly Commended at the Health Services Research Award for his research on emergency department care for people with back pain. His work has led to the implementation of strategies in emergency departments, resulting in a significant reduction in opioids. Additionally, he developed a virtual hospital model of care in partnership with RPA Virtual Hospital, known as Back@Home, to decrease back pain admissions.

A/Prof Christina Abdel Shaheed

Consumer Involvement in Health Research Award

Associate Professor Christina Abdel Shaheed received the 2023 Sydney Health Partners Award for her outstanding efforts in integrating consumers into health research. She was recognised for her proactive research practices that advance healthcare through inclusive and collaborative approaches involving healthcare consumers.



AWARDS



Min Jiat Teng, HDR Candidate

RPA Virtual Hospital's inaugural Researcher of the Year

Clinician Researcher Min Jiat Teng received RPA Virtual Hospital's inaugural Researcher of the Year 2023. He thanked the hospital for having the vision to embed research into routine clinical care, and supporting clinicians to follow their passion, especially in this emerging healthcare setting.

Dr Sujita Narayan

Early Achievement Award for Women, ASCEPT

Dr Sujita Narayan was awarded the prestigious 2023 Early Achievement Award for Women by Australasian Society of Clinical and Experimental Pharmacologists and Toxicologists. This award recognises her research contributions as a pharmacologist and toxicologist and signifies her early success as a talented women within the pharmacology and toxicology field.





Belinda Wang, HDR Candidate

Best Oral Presentation, Sydney Musculoskeletal Health ASM

Sydney Musculoskeletal Health held their annual scientific meeting at the University of Sydney. The Institute for Musculoskeletal Health is part of the Sydney Musculoskeletal Health flagship and we had a number of staff present their work during the meeting. This included professional staff, PhD students, EMC researchers, and professoriate staff. Belinda Wang was awarded 'Best Oral Presentation' for her speech on the day.

IN THE MEDIA

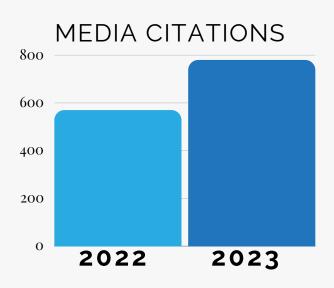
780

Media mentions

generated from the Institute's 2023 publications 35%

Growth

a 35% rise in media mentions compared to 2022



39 PUBLICATIONS FROM 2023 RANKED IN THE TOP 5% OF **ALL ALTMETRIC SCORES**

Opiods are a go-to for back pain but a new study suggests some don't work





Antidepressants aren't effective for treating chronic pain, University of Sydney study finds





The next five years promises to be an exciting period at the Institute. The new research funding and staff we have secured in 2023 will position us well for even greater research impact in the coming years.

We plan to build new partnerships with the clinical areas at the District that we are yet to work with; and strengthen the existing collaborations that have been central to our success.

We would like to thank Dr Teresa Anderson for her support and friendship over many years and we wish her the very best in her new role.

Director, Professor Christopher Maher



2023 GRANT DETAILS



GRANTS

| Granting | Awardees | Drois et Title | Grant | Years | Status |
|---|--|--|-------------|-------------|-----------------------|
| Body | Awardees | Project Title | total | rears | Status |
| MRFF | Zadro JR, Ackerman I, Anderson D, Buchbinder R, Coombs D, Harris IA, Harvey L, Machado G, Maher CG, Mathieson S, Richards B, Abdel Shaheed C, Shaw T, Swain M, Traeger A | Restructuring musculoskeletal health services to ensure equitable access to effective, affordable allied health care | \$1,491,473 | 2023-2027 | New - Awarded in 2023 |
| MRFF | Said C, Batchelor F, Callisaya M, Vogrin S, Klaic M, McDonald C, Ramage E, Engel L, Zanker J, Lim W, Francis J (Cls), Bicknell E, Chudecka A, Brijnath B, Bongiovanni L, Cursio-Barcham R, Mastrantuono D, Pinheiro MB, Sherrington C (Ais) | Implementation and evaluation of a co-designed exercise program to reduce falls in older people from culturally and linguistically diverse communities | \$1,498,604 | 2023 - 2026 | New - Awarded in 2023 |
| MRFF | McAuley J, Rizzo R, Moseley L, Williams C, Traeger A, Cashin A, Maher C, Goodall S, Machado G, Gustin S, Sharpe L, Byambasuren O, McCaffery K, Yoong S | The NOTUS trial (NOn-pharmacological Treatment for chronic low back pain USing digital health technology) | \$1,610,000 | 2023-2027 | New - Awarded in 2023 |
| MRFF | Redfern J, Jackson D, Sherrington C, Gallagher R, Hure A, Partridge S, Baille A, Chan R, Ferguson C, Sarkies M, Hyun K (Cls). | Adoption, impact and sustainability of evidence-based practice into health care: Co-design and evaluation of projects, systems and processes | \$299,954 | 2023-2028 | New - Awarded in 2023 |
| MRFF | Said C, Batchelor F, Callisaya M, Vogrin S, Klaic M, McDonald C, Brijnath B, Ramage E, Engel L, Pinheiro MB, Lim W (Cls), Bicknell E, Francis J, Chudecka A, Bongiovanni L, Cursio-Barcham R, Zanker J (Ais) | Implementation of a co-designed, community led exercise program to reduce falls in older people from culturally and linguistically diverse communities: a pilot trial | \$587,000 | 2023-2027 | New - Awarded in 2023 |
| MRFF | Cl: Penm J, Naylor J, Patanwala A, Lintzeris N, Moles R, Chaar B, Si L, O'Reilly C, Adie S, Descallar J, Schneider C, Stevens J, Brady B, Bailey K, Liu S. Al: Penm M, Schaper F, Ashton-James C, Gnjidic D, Luckie K, Mathieson S, Genel F, Lin C. | Responsible pre-operative Opioid use for Hip and knee ArthropLasTy (OpioidHALT) Study: Opioid tapering in patients prior to hip and knee arthroplasty | \$1,479,940 | 2023-2027 | New - Awarded in 2023 |
| MRFF | Cashin A, Bagg M, Ferreira M, Haynes A, Leake H, Machado G, Maher C, McAuley J, Moseley L, Sharma S, Stanton N, Traeger A, Wand B, Williams C, Yoong S | RESOLVE-D: Implementing new and effective treatments for low back pain | \$2,000,000 | 2023-2028 | New - Awarded in 2023 |
| MRFF | Jones M, Stamatakis E, McAuley J, Schutte A, Moseley L, Refshauge K, Smith L, Williams C, Traeger A, Parmenter B, Cashin A, Ferreira M, Peters R, Goodall S. | CAPACITY: A telehealth, effectiveness-implementation hybrid trial to increase physical activity in adults with chronic low back pain | \$1,384,136 | 2023-2026 | New - Awarded in 2023 |
| MRFF | Tiedemann A, Sherrington C, Hassett L, Phongsavan P, Haynes A, Pinheiro MB, Kwasnicka D, Houssami N, Rosenbaum S, Wallbank G (Cls). McKeon G, Howard K, Linney S, Stabback T, Bauman A, Biswas RK (Als). | Active Women over 50: an effectiveness-implementation randomised controlled trial | \$1,217,997 | 2023-2026 | New - Awarded in 2023 |
| MRFF | Tiedemann A, Hassett L, Phongsavan P, Bauman, A, Houssami N, Howard K, Rosenbaum S, Luscombe G, Kwasnicka D, Gilchrist H, Biswas RK, McKeon G, Wallbank G (Cls). Sherrington C, Haynes A, Pinheiro MB, Stabback T, Haufort K, Linney S (Als). | Active Women over 50 in rural, regional and remote areas: an effectiveness-implementation trial | \$1,218,977 | 2023-2027 | New - Awarded in 2023 |
| MRFF | Adie S, Ferreira GE, Zadro JR, Harris IA, Ackerman I, Dear B, Maher CG, Smith P, Naylor J, Richards B, Vertullo C, McAuliffe M, Lewis P, Cameron I | Early Pain Intervention after Knee replacement (EPIK) | \$1,467,745 | 2023-2028 | New - Awarded in 2023 |
| MRFF | Williams C, Beard D, Passey M, Flood V, Kamper S, Randall S, Maher C, Buchbinder R, McAuley J, Yoong S, Bailie J, Cashin A, Bailie R, McLennan V, Hamiduzzaman M | Healthy Back: building capacity and safe access to integrated primary care support options for people living in rural areas - with chronic back pain and healthy lifestyle risks. | \$1,985,396 | 2024-2029 | New - Awarded in 2023 |
| NHMRC | Tiedemann A, McKay H, Sherrington C, Hassett L, Wolfenden L, Bauman A, Phongsavan P, Smith B, Oliveira JS, Kite J (Cls). Prakash A, Mackey D, Sims Gould J, Brady B (Als) | Choose to Move Sydney | \$1,212,853 | 2023-2027 | New - Awarded in 2023 |
| NHMRC | Abdel Shaheed, C. | Optimising the quality use of medicines for pain | \$1,561,327 | 2023-2028 | New - Awarded in 2023 |
| NHMRC | Sherrington, C. | Falls and mobility impairment: generating and testing equitable solutions to implement and scale-up | \$2,953,040 | 2023-2028 | New - Awarded in 2023 |
| NHMRC | Machado, G. | Reshaping the management of musculoskeletal pain | \$1,586,190 | 2024-2029 | New - Awarded in 2023 |
| NHMRC | Sherrington C, Naganathan V, Richards B, Hallahan A, Heppleston E, Jennings M, Jackson D, Ni Chroinin D, Hill A-M, Haines T (Cls), Tilden W, Biswas RK, Haynes A, Hassett L, Howard K, Pinheiro MB, Macpherson A, Chasle B, Lovitt L, Rayner J (Als). Sydney Local Health District, South Western Sydney Local Health District, Clinical Excellence Commission (Partner Organisations) | Quality coaching to implement a hospital fall prevention strategy: intervention development and evaluation in a stepped wedge trial | \$979,506 | 2023-2026 | New - Awarded in 2023 |
| NHMRC | Ferreira GE, Maher CG, Lin CC, Billot L, Day R, Ivers R, Underwood M, McLachlan A, Richards B, Finnerup N. | DREAM: An adaptive placebo-controlled trial of duloxetine for the treatment of chronic sciatica | \$1,804,701 | 2023-2029 | New - Awarded in 2023 |
| NHMRC | Sterling M, Lin C | PRioRTI: PReventing chronic pain after whiplash Road Traffic Injury | \$2,035,692 | 2023-2027 | New - Awarded in 2023 |
| NHMRC | Davis J, Harris I, Peel T, et al. | ROADMAP: RandOmisedArthroplasty infection worlDwide Multidomain Adaptive Platform trial | \$4,744,165 | 2023-2027 | New - Awarded in 2023 |
| Physiotherapy Research Foundation | Gilchrist, H. | Acceptability and feasibility of the RIPE dance program for preventing falls in people aged 65+: a pilot trial. | \$12,000 | 2023-2024 | New - Awarded in 2023 |
| University of Sydney | Pinheiro M, Tiedemann A, Sherrington C, Zadro, J. Abdel Shaheed, C. Ferreira, G. Kamper, S. Traeger, A. | Rewarding Research Success - Covid 19 Recovery Support | \$375,000 | 2023 | New - Awarded in 2023 |
| USYD - DVCR | Traeger, A. | Improving public understanding and reducing unnecessary care for low back pain | \$389,674 | 2023-2026 | New - Awarded in 2023 |
| USYD - DVCR | Zadro, J. | Can e-Health improve equitable access to effective, affordable musculoskeletal healthcare? | \$143,000 | 2023-2026 | New - Awarded in 2023 |

2023 ANNUAL REPORT - GRANT DETAILS

| Granting Body | Awardees | Project Title | Grant total | Years | Status |
|--|---|---|----------------|-----------|----------------------------|
| AAG Research Trust | Gilchrist H, Tiedemann A,Sherrington C, Haynes A, Souza de Oliveira J, Merom D. | Is dance exercise in disguise? An impact evaluation of the RIPE dance program targeting fall prevention and wellbeing. | \$6,900 | 2022-2024 | Existing - Ongoing in 2023 |
| ARIA | Sherrington, C. | Improving mobility in aged care with telehealth physiotherapy: an effectiveness and | \$160,000 | 2022-2023 | Existing - Ongoing in 2023 |
| Demetia Australia Research Foundation | Pinheiro MB, Dawson R | A physiotherapy-led telehealth and exercise intervention to improve mobility in older people receiving aged care services: an effectiveness and implementation randomised controlled trial (The TOP UP Study) | \$75,000 | 2022-2024 | Existing - Ongoing in 2023 |
| FMH | Traeger, A. | FMH EMCR Next Step funding scheme | \$40,000 | 2022-2023 | Existing - Ongoing in 2023 |
| HCF Research Foundation | Gustavo Machado, Chris Maher, Rachelle Buchbinder, Ian Harris,Chris Needs, Bethan Richards, Miranda Shaw, Owen Hutchings, Cassandra Dearing, James Edwards, Eileen Rogan, Danielle Coombs, Min Jiat Teng, Rachael Dodd, Narcyz Ghinea | Optimising outcomes for patients with back pain by preventing hospital admission | \$315,764 | 2021-2025 | Existing - Ongoing in 2023 |
| HCF Research Foundation | Wallis J, Harris I, et al. | 'Wiser Rehabilitation' following primary elective total hip and knee replacement surgery at a private hospital | \$164,595 | 2021-2024 | Existing - Ongoing in 2023 |
| HCF Research Foundation | Malliaras P, Harris I, et al. | Telehealth management of shoulder pain | \$201,000 | 2021-2024 | Existing - Ongoing in 2023 |
| Icare NSW | Pili, Hassett, Simpson | Trial of gamification using non-immersive VR on physical therapy following Traumatic Brain Injury (TBI) | \$58,880 | 2022-2023 | Existing - Ongoing in 2023 |
| MRFF | Fitzgerald M, Hassett L, et al. | An informatics approach to predict outcomes and monitor intervention efficacy following moderate to severe traumatic brain injury | \$499,816 | 2021-2023 | Existing - Ongoing in 2023 |
| MRFF | Said C, Batchelor F, Callisaya M, Ramage E, Duque G, Klaic M, Brijnath B, Engel L, McDonald C (Cls), Francis J, Bongiovanni L, Chudecka A, Pinheiro MB, Vogrin S, Bicknell E, Sherrington C (Als). | Implementation of a co-designed exercise and fall prevention program for older people from CALD backgrounds. | \$2,243,619 | 2022-2023 | Existing - Ongoing in 2023 |
| MRFF | Fitzgerald M, Hassett L, et al. | AUS-mTBI: designing and implementing the health informatics approaches to enhance treatment and care for people with mild TBI. | \$2,999,658 | 2021-2026 | Existing - Ongoing in 2023 |
| MRFF | Jorm L, Harris I, et al | Next-gen clinical registries: common data models, Al & cloud computing | \$2,645,724 | 2023-2027 | Existing - Ongoing in 2023 |
| MRFF | Hassett L, Williams G, Sherrington C, Tweedy S, Wolfenden L, Crotty M, Howard K, Haynes A, Bauman A, Simpson G, Scheinberg A, Clanchy K, Tiedemann A, Vassallo G, Rushworth N. | From injury to long-term physical activity for people living with traumatic brain injury | \$406,506 | 2021-2023 | Existing - Ongoing in 2023 |
| MRFF | Reedman S, Sakzewski L, Oftedal S, Armstrong E, Ahmadi M, Burgess A, Blake T, Keramat SA, Dutia I, Pool D (Cls). Boyd R, Trost S, Peterson M, Beckman E, Sherrington C, Comans T, Ware R, McKenzie A, Munns C, Bell K (Als). | Running for Health: community-based adaptive exercise for cardiorespiratory health in young people with moderate to severe cerebral palsy 2021 | \$784,346 | 2021-2025 | Existing - Ongoing in 2023 |
| MRFF | Maher C, Rogan E, Machado G, Edwards J, Buchbiner R, Harris I, Williams C, Naganathan V, Howard K, McCaffery K, Billot L, Wiggers J, Harvey L, Kinsman L, Ghinea N, Hutchings O, Dinh M, Alkhouri H, Goldsmith H, Anderson T, Smiles JP, Lau G, Richards B, Melman A, Coombs D. | Reshaping the management of low back pain in emergency departments | \$2,818,124 | 2022-2026 | Existing - Ongoing in 2023 |
| NHMRC | Maher, C. | Delivering the right care for low back pain | \$2,514,215 | 2021-2025 | Existing - Ongoing in 2023 |
| NHMRC | Lin, C. | Improving pain management in primary care | \$1,000,105 | 2021-2025 | Existing - Ongoing in 2023 |
| NHMRC | Hassett L, Sherrington C, Pinheiro M, Howard K, Jennings M, Greaves C, Alison J, Walkley J, Haynes A, Bauman A, Smith B, Brady B, Richards B, Vassallo G, Cole J, West K, D'Sousa M. | PROMOTE: Physical activity promotion by health professionals to increase physical activity: two hybrid type II implementation-effectiveness cluster randomised waitlist controlled trials in hospital outpatient settings | \$480,078 | 2020-2023 | Existing - Ongoing in 2023 |
| NHMRC | Traeger A, Maher C, Cullen L, McCaffery K, Linder J, Buchbinder R, Coeira E, Howard K. | NUDG-ED: Trial of behavioural 'nudging' interventions to reduce unnecessary care for low back pain in the Emergency Department | \$1,119,327 | 2022-2025 | Existing - Ongoing in 2023 |
| NHMRC | Ferreira, GE. | Improving back pain care in Australia | \$650,740 | 2022-2026 | Existing - Ongoing in 2023 |
| NHMRC | McCaffery K, Barratt A, Bell K, Houssami N, Irwig L, McGeechan K, Maher C | Wiser Healthcare: better value care for all Australians | \$2,500,000 | 2022-2026 | Existing - Ongoing in 2023 |
| NHMRC | Close J, Harvey L, Harris I, Mitchell R. | Identifying and addressing unwarranted clinical variation in hip fracture care to improve health outcomes | \$799,254 | 2019-2023 | Existing - Ongoing in 2023 |
| NHMRC | Page R, Harris I et al. | RAPSODI - Reverse or Anatomical (replacement) for Painful Shoulder Osteoarthritis: Differences between Interventions | \$1,540,874 | 2022-2026 | Existing - Ongoing in 2023 |

| Granting | A | Paris at Title | Grant | V | 01-1 |
|---|--|--|-------------|-----------|----------------------------|
| Body | Awardees | Project Title | total | Years | Status |
| NHMRC | Pinheiro MB | Physical Activity for Healthy Ageing: Cost Effectiveness and Implementation | \$327,192 | 2019-2024 | Existing - Ongoing in 2023 |
| NHMRC | Maher C, Buchbinder R, Hancock M, O'Sullivan P, McAuley J, Blyth F, Jorm L, Collie A, McCaffery K, Hayes A | Low back pain Centre for Research Excellence | \$2,499,190 | 2020-2023 | Existing - Ongoing in 2023 |
| NHMRC | Ferreira P, Ferreira M, Bauman A, Hodges P, Maher C, Simic M, Morton R, Lonsdale C, Li Q, Baysari M, Amorim A, Ceprnja D, Clavisi O, Halliday M, Herbert R, Ho E, Jennings M, Kongsted A, Maka K, Reid K. | The Get Healthy Coaching Service to reduce the burden of low back pain: effectiveness, cost effectiveness, and scalability | \$1,108,389 | 2020-2024 | Existing - Ongoing in 2023 |
| NHMRC | Kurrle S, Crotty M, Cameron ID, Sherrington C, Pond D, Nguyen TA, Laver, K Howard K | FORTRESS (Frailty in Older people: Rehabilitation Treatment Research Examining Separate Settings) | \$1,470,000 | 2020-2023 | Existing - Ongoing in 2023 |
| NHMRC | Zadro, J. | Can E-health improve access to effective and affordable health care for musculoskeletal conditons? | \$645,205 | 2021-2025 | Existing - Ongoing in 2023 |
| NHMRC | Sherrington, C, Lord, S, Crotty, M, Haines, T, Byles, J, Seibel, M, Cameron, I, Close, J, Howard, K, bauman, A. | Centre of Research Excellence in the Prevention of Fall-related Injuries | \$2,500,000 | 2020-2025 | Existing - Ongoing in 2023 |
| NHMRC | Abdel Shaheed C, Maher C, McLachlan A, Blyth F, Degenhardt L, Ivers R, Lung T, Kelly P, Stanaway F, Thompson R. | COMFORT: Clinical, Observation, Management, and Function Of low back pain Relief Therapies | \$2,352,236 | 2021-2027 | Existing - Ongoing in 2023 |
| NHMRC | Sherrington C, Hassett L, Tiedemann A, Harvey L, Pinheiro M, Howard K, Phongsavan P, Haynes A, Noetel M, Reece L. Als: Bauman A, Lonsdale C, Smith B, Clutterbuck G, Treacy D, Dwyer G, West K | Promotion of evidence-based physical activity for older adults and people with disabilities by health professionals | \$1,440,375 | 2021-2025 | Existing - Ongoing in 2023 |
| NHMRC | Buchbinder R, Maher C, Hinman R, Harris I, March L, McAuley J, Ferreira M, Hodges P, O'Connor D, Billot L. | ANZMUSC CRE (2022-2026) | \$2,500,000 | 2022-2026 | Existing - Ongoing in 2023 |
| NHMRC | Abdel Shaheed C, Maher C, McLachlan A, Blyth F, Degenhardt L, Ivers R, Lung T, Kelly P, Stanaway F, Thompson R. | IMPLORE - Implementing an opioid stewardship intervention to reduce opioid use | \$2,352,236 | 2021-2026 | Existing - Ongoing in 2023 |
| NHMRC | Morton R, Rutherford C, Mercieca-Bebber R, Martin A, King M, Harris I et al | Strengthening Healthcare Systems with Patient Reported Outcome Measures (PROMs) | \$1,166,592 | 2022-2026 | Existing - Ongoing in 2023 |
| NSW Ministry of Health + Universiy of Sydney | Harvey L, Herbert RD, Sherrington C, Jan S, Cameron ID, Bilot L, Glinsky J, Nunn A, Lui HM, Kaur J, Weber G, Treacy D, Dunlop S, Walsh J, Shetty S. | Early and intensive motor training (or usual care) to enhance neurological recovery and function in people with spinal cord injury: The Early & Intensive SCI-MT Trial. | \$3,000,000 | 2021-2026 | Existing - Ongoing in 2023 |
| Ramsay Hospital Research Foundation | Macdessi S, Harris I, et al. | Robotic-assisted surgery and kinematic alignment in total knee arthroplasty (RASKAL study). A registry-nested, multi-centre, 2 x 2 factorial randomised trial of clinical, functional, radiographic and survivorship outcomes. | \$437,000 | 2020-2023 | Existing - Ongoing in 2023 |
| Sao Paulo Research Foundation (Brazil) | Yamato T, Kamper SJ, Costa LOP, Maher CG | Prevalence and prognostic factors of musculoskeletal pain in children and adolescents in Sao Paulo city | \$250,784 | 2019-2023 | Existing - Ongoing in 2023 |
| SLHD | Sherrington, C. | Sydney Musculoskeletal Clinical Academic Group | \$100,000 | 2022-2024 | Existing - Ongoing in 2023 |
| SLHD | Maher C, Richards B, Chen Q | Wellbeing Research Initiative | \$46,756 | 2022-2023 | Existing - Ongoing in 2023 |
| The University of Sydney | Pinheiro MB | Carer re-engagement funding scheme | \$22,000 | 2020-2023 | Existing - Ongoing in 2023 |
| USYD - DVCR | Pinheiro MB | Physical Activity for Healthy Ageing: Cost Effectiveness and Implementation | \$30,720 | 2019-2024 | Existing - Ongoing in 2023 |
| USYD - DVCR | Maher C, Buchbinder R, Hancock M, O'Sullivan P, McAuley J, Blyth F, Jorm L, Collie A, McCaffery K, Hayes A | Low back pain Centre for Research Excellence | \$250,000 | 2020-2023 | Existing - Ongoing in 2023 |
| USYD - DVCR | Tiedemann A | Physical activity for preventing falls and maximising health in middle to older age: development and evaluation of scalable approaches | \$621,202 | 2020-2024 | Existing - Ongoing in 2023 |
| USYD - DVCR | Sherrington, C,Lord, S, Crotty, M, Haines, T, Byles, J, Seibel, M, Cameron, I, Close, J, Howard, K, Bauman, A. | Centre of Research Excellence in the Prevention of Fall-related Injuries | \$250,000 | 2020-2025 | Existing - Ongoing in 2023 |
| USYD - DVCR | Abdel Shaheed, C | SOAR Scholarship | \$150,000 | 2021-2023 | Existing - Ongoing in 2023 |
| USYD - Faculty | De Barros Pinheiro M | Physical Activity for Healthy Ageing: Cost Effectiveness and Implementation | \$255,823 | 2019-2024 | Existing - Ongoing in 2023 |
| USYD - Faculty | Tiedemann A | Physical activity for preventing falls and maximising health in middle to older age: development and evaluation of scalable approaches | \$353,995 | 2020-2024 | Existing - Ongoing in 2023 |
| USYD - Faculty | Sherrington, C, Lord, S, Crotty, M, Haines, T, Byles, J, Seibel, M, Cameron, I, Close, J, Howard, K, Bauman, A. | Centre of Research Excellence in the Prevention of Fall-related Injuries | \$250,000 | 2020-2025 | Existing - Ongoing in 2023 |

2023 PUBLICATION AND BOOK CHAPTER DETAILS

PUBLICATIONS

- 1. **Abdel Shaheed C,** Hayes C, **Maher CG**, Ballantyne JC, Underwood M, McLachlan AJ, Martin JH, **Narayan SW**, & Sidhom MA. Opioid analgesics for nociceptive cancer pain: A comprehensive review. CA: A Cancer Journal for Clinicians 2023; 1-28. https://doi.org/10.3322/caac.21823
- 2. **Abdel Shaheed C**, Ivers R, **Vizza L**, McLachlan A, Kelly PJ, Blyth F, Stanaway F, Clare PJ, Thompson R, Lung T, Degenhardt L, Reid S, Martin B, Wright M, Osman R, French S, McCaffery K, Campbell G, Jenkins H, **Mathieson S**, Boogs M, McMaugh J, Bennett C & **Maher C**. Clinical Observation, Management and Function Of low back pain Relief Therapies (COMFORT): A cluster randomised controlled trial protocol. BMJ Open 2023; 13(11), e075286. https://doi.org/10.1136/bmjopen-2023-075286
- 3. **Abdel Shaheed C**, **Mathieson S**, Wilson R, Furmage AM, & **Maher CG**. (2023). Who should judge treatment effects as unimportant? Journal of Physiotherapy 2023; 69(3), 133-135. https://doi.org/10.1016/j.jphys.2023.04.001

Ackerman IN, Berkovic D, Soh SE, Naylor J, Lewis P, de Steiger R, Buchbinder R, Ademi Z, Vallance P & 4. **Harris IA**. Stakeholder perspectives on short-stay joint replacement programs: results from a national cross-sectional study. BMC Health Services Research 2023; 23(1), 1436. https://doi.org/10.1186/s12913-023-10427-5

- 5. Aggarwal A, Adie S, **Harris IA** & Naylor J. Cryotherapy following total knee replacement. Cochrane Database of Systematic Reviews 2023, 9(9), CD007911. https://doi.org/10.1002/14651858.CD007911.pub3
- 6. Ahern S, Marshall S, **Wallbank G**, Jawad D, Taki S, Baur LA & Wen LM. Communication strategies and effectiveness of early childhood obesity-related prevention programs for linguistically diverse communities: A rapid review. Obesity Reviews 2023, 24(12), e13634. https://doi.org/10.1111/obr.13634
- 7. Almeida MO, Narciso Garcia A, Menezes Costa LC, van Tulder MW, **Lin CC** & Machado LA. The McKenzie method for (sub)acute non-specific low back pain. Cochrane Database of Systematic Reviews 2023, 4(4), CD009711. https://doi.org/10.1002/14651858.CD009711.pub2
- 8. Ambrens M, Stanners M, Valenzuela T, Razee H, Chow J, van Schooten KS, Close JCT, Clemson L, Zijlstra GAR, Lord SR, **Tiedemann A**, Alley SJ, Vandelanotte C & Delbaere K. Exploring Older Adults' Experiences of a Home-Based, Technology-Driven Balance Training Exercise Program Designed to Reduce Fall Risk: A Qualitative Research Study Within a Randomized Controlled Trial. Journal of Geriatric Physical Therapy 2023, 46(2), 139-148. https://doi.org/10.1519/JPT.0000000000000321
- 9. Anderson PA, McLachlan AJ, **Abdel Shaheed C,** Gnjidic D, Ivers R & **Mathieson S**. Deprescribing interventions for gabapentinoids in adults: A scoping review. British Journal of Clinical Pharmacology 2023, 89(9), 2677-2690. https://doi.org/10.1111/bcp.15798
- 10.**Aravind N**, Treacy D, **Chagpar S**, Harvey LA, Glinsky JV, **Sherrington C** & **Hassett LM**. Implementing digital devices to increase mobility training for people receiving inpatient rehabilitation: protocol for a feasibility hybrid type II randomized controlled trial. Pilot and Feasibility Studies 2023, 9(1), 69. https://doi.org/10.1186/s40814-023-01298-y
- 11. Armstrong E, Harvey LA, Payne NL, Zhang J, Ye P, **Harris IA**, Tian M & Ivers RQ. Do we understand each other when we develop and implement hip fracture models of care? A systematic review with narrative synthesis. BMJ Open Quality 2023, 12(Supplementary 2). https://doi.org/10.1136/bmjoq-2023-002273

PUBLICATIONS

- 13. **Baldwin JN**, He J, **Oliveira JS**, Bates A, **Tiedemann A**, **Hassett L**, **Sherrington C** & **Pinheiro MB**. Responsiveness of Patient-Reported and Device-based Physical Activity Measures: Secondary Analysis of Four Randomised Trials. Med Sci Sports Exerc 2023. https://doi.org/10.1249/MSS.00000000000003338
- 14. **Baldwin JN**, **Pinheiro MB**, **Hassett L**, **Oliveira JS**, **Gilchrist H**, Bauman AE, Milat A, **Tiedemann A** & **Sherrington C**. Physical activity research: time to scale up! British Journal of Sports Medicine 2023, 57(19), 1229-1230. https://doi.org/10.1136/bjsports-2022-106361
- 15. Banks E, **Haynes A**, Lovett R, Yadav UN & Agostino J. Output-orientated policy engagement: a model for advancing the use of epidemiological evidence in health policy. Health Research Policy Systems 2023, 21(1), 6. https://doi.org/10.1186/s12961-022-00955-7
- 16. Bejarano G, Csiernik B, **Zadro JR** & **Ferreira GE**. Compared to what? An analysis of comparators in trials informing the National Institute of Clinical Excellence (NICE) low back pain guideline. Brazilian Journal of Physical Therapy 2023, 27(6), 100563. https://doi.org/10.1016/j.bjpt.2023.100563
- 17. Ben M, Glinsky JV, Chu J, Spooren AI, Roberts S, Chen LW, Denis S, Lorusso M, Jorgensen V, Gollan EJ, Agostinello J, Van Laake-Geelen CCM, Lincoln C, Stolwijk JM, Bell C, Paddison S, Rainey D, Tranter K, Ilha J, Oostra K, **Sherrington C** & Harvey LA. Early and intensive Motor Training for people with spinal cord injuries (the SCI-MT Trial): description of the intervention. Spinal Cord 2023, 61(11), 600-607. https://doi.org/10.1038/s41393-023-00911-4
- 18. Berkovic D, Vallance P, **Harris IA**, Naylor JM, Lewis PL, de Steiger R, Buchbinder R, Ademi Z, Soh SE & Ackerman IN. A systematic review and meta-analysis of short-stay programmes for total hip and knee replacement, focusing on safety and optimal patient selection. BMC Medicine 2023, 21(1), 511. https://doi.org/10.1186/s12916-023-03219-5
- 19. Calais-Ferreira L, Pozzobon D, **Pinheiro MB**, Blyth FM, Ordonana JR, Duncan GE, Hopper JL, Ferreira PH & Ferreira ML. Sex differences in lifetime prevalence of low back pain: A multinational study of opposite-sex twin pairs. European Journal of Pain 2023, 27(10), 1150-1160. https://doi.org/10.1002/ejp.2146
- 20. Cashin AG, Wand BM, O'Connell NE, Lee H, Rizzo RRN, Bagg MK, O'Hagan E, **Maher CG**, Furlan AD, van Tulder MW & McAuley JH. Pharmacological treatments for low back pain in adults: an overview of Cochrane Reviews. Cochrane Database of Systematic Reviews 2023 (4). https://doi.org/10.1002/14651858.CD013815.pub2
- 21. **Chen Q, Maher CG, Han CS, Abdel Shaheed C, Lin CC**, Rogan EM & **Machado GC**. Continued Opioid Use and Adverse Events Following Provision of Opioids for Musculoskeletal Pain in the Emergency Department: A Systematic Review and Meta-Analysis. Drugs 2023, 83(16), 1523-1535. https://doi.org/10.1007/s40265-023-01941-1
- 22. **Chen Q**, **Maher CG**, Rogan E & **Machado G**. Management of low back pain in Australian emergency departments for culturally and linguistically diverse populations from 2016 to 2021. Emergency Medicine Journal 2023, 40(7), 486-492. https://doi.org/10.1136/emermed-2022-212718
- 23. **Chen Q, Vella SP, Maher CG, Ferreira GE** & **Machado GC**. Racial and ethnic differences in the use of lumbar imaging, opioid analgesics and spinal surgery for low back pain: A systematic review and meta-analysis. European Journal of Pain 2023, 27(4), 476-491. https://doi.org/10.1002/ejp.2075
- 24. Cheng ETL, Cheik-Hussein M, Lin N, Lewin AM, McAuley JH & **Harris IA**. A meta-epidemiological study on the reported treatment effect of pregabalin in neuropathic pain trials over time. PLOS ONE 2023, 18(1), e0280593. https://doi.org/10.1371/journal.pone.0280593
- 25. Chu J, Glinsky JV, Liu H, Ben M, Spooren Al, Roberts S, Chen LW, Di Natal F, Tamburella F, Jørgensen V, Gollan EJ, Agostinello J, van Laake-Geelen C, Lincoln C, van der Lede J, Stolwijk JM, Bell

PUBLICATIONS

- C, Paddison S, Rainey D, Scivoletto G, Oostra KM, Jan S, **Sherrington C**, Harvey LA. Early and Intensive Motor Training for people with spinal cord injuries (the SCI-MT Trial): protocol of the process evaluation. BMJ Open 2023, 13(8), e072219. https://doi.org/10.1136/bmjopen-2023-072219
- 26. Ciciriello S, Littlejohn G, Treuer T, Gibson KA, Haladyj E, **Youssef P,** Bird P, O'Sullivan C, Smith T, Deakin CT & Rheumatology, O. Comparative Effectiveness of First-Line Baricitinib in Patients With Rheumatoid Arthritis in the Australian OPAL Data Set. *ACR Open Rheumatology* 2023, *5*(7), 345-353. https://doi.org/10.1002/acr2.11577
- 27. Clemson L, Stark S, Pighills AC, **Fairhall NJ**, Lamb SE, Ali J & **Sherrington C**. (2023). Environmental interventions for preventing falls in older people living in the community. *Cochrane Database Sysematic Reviews* 2023, *3*(3), CD013258. https://doi.org/10.1002/14651858.CD013258.pub2
- 28. Correa LA, Bittencourt JV, **Mathieson S** & Nogueira LAC. Pain-related interference and pain-related psychosocial factors of three different subgroups of patients with chronic low back pain. *Musculoskeletal Science and Practice* 2023, 63, 102718. https://doi.org/10.1016/j.msksp.2023.102718
- 29. Cuadra G, Oliveira JS, Pinheiro MB, Tiedemann A, Sherrington C, Pivotto L, Khalatbari-Soltani S, Sharma S & Costa N. Physical Activity Interventions for Adults Aged 60+ Years in Low- and Middle-Income Countries: A Scoping Review. *Journal of Physical Activity and Health* 2023, 20(7), 578-585. https://doi.org/10.1123/jpah.2022-0508
- 30. **Dawson R**, **Oliveira JS**, **Kwok WS**, Bratland M, Rajendran IM, Srinivasan A, Chu CY, **Pinheiro MB**, **Hassett L & Sherrington C**. Exercise Interventions Delivered Through Telehealth to Improve Physical Functioning for Older Adults with Frailty, Cognitive, or Mobility Disability: A Systematic Review and Meta-Analysis. *Telemedicine and e-Health* 2023. https://doi.org/10.1089/tmj.2023.0177
- 31. **Dawson R, Pinheiro M**, Naganathan V, Taylor M, Delbaere K, **Oliveira J**, **Haynes A**, Rayner J, **Hassett L**, **Sherrington C**. Physiotherapy-led telehealth, and exercise intervention to improve mobility in older people receiving aged care services (TOP UP): protocol for a randomised controlled type 1 hybrid effectiveness-implementation trial. *BMJ Nutrition, Prevention & Health* 2023. 6(2) https://doi.org/10.1136/bmjnph-2022-000606
- 32. **de Campos TF**, da Silva TM, **Maher CG**, Pocovi NC & Hancock MJ. Prognosis of a new episode of low-back pain in a community inception cohort. *European Journal of Pain* 2023, 27(5), 602-610. https://doi.org/10.1002/ejp.2083
- 33. **de Campos TF**, Vertzyas N, Wolden M, Hewawasam D, Douglas B, McIllhatton C, Hili J, Molnar C, Solomon MI, Gass GC & Mungovan SF. Orthostatic Intolerance-Type Events Following Hip and Knee Arthroplasty: A Systematic Review and Meta-Analysis. *Journal of Bone & Joint Surgery* 2023, *105*(3), 239-249. https://doi.org/10.2106/JBJS.22.00600
- 34. de Luca K, McLachlan AJ, **Maher CG** & **Machado GC**. Australian emergency department care for older adults diagnosed with low back pain of lumbar spine origin: a retrospective analysis of electronic medical record system data (2016-2019). *BMC Emergency Medicine* 2023, 23(1), 17. https://doi.org/10.1186/s12873-023-00789-8
- 35. Deakin CT, De Stavola BL, Littlejohn G, Griffiths H, Ciciriello S, **Youssef P**, Mathers D, Bird P, Smith T, O'Sullivan C, Freeman T, Segelov D, Hoffman D, Seaman SR & Network OR. Comparative Effectiveness of Adalimumab vs Tofacitinib in Patients With Rheumatoid Arthritis in Australia. *JAMA Network Open* 2023, 6(6), e2320851. https://doi.org/10.1001/jamanetworkopen.2023.20851
- 36. Deakin CT, Littlejohn GO, Griffiths H, Ciciriello S, O'Sullivan C, Smith T, **Youssef P**, Bird P & Consortium O. Comparative effectiveness of etanercept originator and biosimilar for treating rheumatoid arthritis: implications for cost-savings. *Internal Medicine Journal 2023*. https://doi.org/10.1111/imj.16296

- 37. Duarte MP, Ribeiro HS, Neri SGR, Almeida, LS, **Oliveira JS**, Viana JL & Lima RM. Prevalence of low bone mineral density (T-score </= 2.5) in the whole spectrum of chronic kidney disease: a systematic review and meta-analysis. *Osteoporosis International* 2023, 34(3), 467-477.
- https://doi.org/10.1007/s00198-022-06598-2
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Optimising musculoskeletal health and physical activity

